

These are examples of what is **NOT ACCEPTABLE:**

**NO** thin shoulder straps or “pinching” in at the back, **NO** loose fit under the armpit.



**NO** low neckline or sports bra's showing, **NO** Thin material where sports bra can be seen through the shirt, **NO** to wearing cut-off neck-line or sleeves.



These are examples of what is **ACCEPTABLE:**

**YES**, to wearing shirts that are thick on the shoulder/neck, tight around the armpit, doesn't pinch in the back, and cover the sports bra for women.

