

# FITNESS PRICES FOR ALL CLASSES EXCEPT AQUATIC FITNESS

(ALL passes expire on July31, 2017)

TYPE ( PASSES ARE NON-TRANSFERABLE)	Community	Students w/ID	<b>JULY PROMO</b>
FITNESS PREPAID UNLIMITED	\$55.00		<p><i>Let's get fit in 2017...</i></p> <p><b>AS A THANK YOU TO ALL BYUH EMPLOYEES WITH A CURRENT BYUH ID WITH FACULTY, STAFF OR TEMP TYPE WILL GET IN ALL DANCE STUDIO CLASSES FOR FREE</b></p> <p><i>Ages 14+ are invited to join us. Please Kokua—no children are allowed in Dance Studio while parents are participating in class.</i></p>
FITNESS PREPAID MULTIPLE (10 CLASSES)	\$31.00	\$15.25	
FITNESS PREPAID MULTIPLE (5 CLASSES)	\$16.00	\$7.75	
FITNESS PREPAID SINGLE	\$4.25	\$2.25	
FITNESS WALK-IN @ DANCE STUDIO	\$5.00	\$5.00	
<b>AQUATIC FITNESS PRICE PER SESSION (NOT INCLUDED IN FITNESS PASSES ABOVE. REGISTER ONLINE)</b>			
Session 7—July 1, 3, 5, 8, 10, 12, 15, 19, 22, 24, 26, 29, 31 (13 classes)			

## Educational Outreach

BYU--Hawaii #1963  
55-220 Kulanui Street  
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For 2017, the first person to use their 10 pass will win a 5 pass for the rest of the month.

## JULY 2017 (Subject to Change)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>FITNESS INSTRUCTORS</b>						<b>1</b> <b>7:00 AM Aquatic Fitness (CP)</b> <b>8:00 AM Stability Ball (ZY)</b>
Cherry (CG) Sina (SK)	Cassie (CL) Z (ZY)	Cat (CP) Lorraine (LM)	Edna (EO) Maddie (MG)	Keiko (KJ) Haylee (HL)	Mine (MU)	
<b>2</b>	<b>3</b> 5:00 AM Boot Camp (CP) 5:00 PM High Fitness (CL) <b>6:00 PM Aquatic Fitness (CP)</b>	<b>4</b> <b>HOLIDAY- INDEPENDENCE DAY</b>	<b>5</b> 5:00 AM Boot Camp (CP) 5:30 PM Yoga (HL) <b>6:00 PM Aquatic Fitness (CP)</b>	<b>6</b> 5:00 PM Zumba (SK) <b>6:00 PM Yoga (CG)***</b>	<b>7</b> 5:00 AM Boot Camp (CP)	<b>8</b> <b>7:00 AM Aquatic Fitness (CP)</b> <b>8:00 AM Stability Ball (ZY)</b>
<b>9</b>	<b>10</b> 5:00 AM Boot Camp (CP) <b>5:30 PM High Fitness (CL)***</b> <b>6:00 PM Aquatic Fitness (CP)</b>	<b>11</b> 5:30 PM Zumba (KJ)	<b>12</b> 5:00 AM Boot Camp (CP) 5:30 PM Yoga (HL) <b>6:00 PM Aquatic Fitness (CP)</b>	<b>13</b> 5:00 PM Zumba (SK) 6:00 PM Yoga (LM)	<b>14</b> 5:00 AM Boot Camp (CP)	<b>15</b> <b>7:00 AM Aquatic Fitness (CP)</b> <b>8:00 AM Stability Ball (ZY)</b>
<b>16</b>	<b>17</b> <b>HOLIDAY- UNIVERSITY CLOSED</b>	<b>18</b> <b>HOLIDAY- UNIVERSITY CLOSED</b>	<b>19</b> <b>5:00 AM Boot Camp (CP)***</b> 5:30 PM Yoga (HL) <b>6:00 PM Aquatic Fitness (CP)</b>	<b>20</b> 5:00 PM Zumba (SK) 6:00 PM Yoga (CG)	<b>21</b> 5:00 AM Boot Camp (CP)	<b>22</b> <b>7:00 AM Aquatic Fitness (CP)</b> <b>8:00 AM Stability Ball (ZY)</b>
<b>23</b>	<b>24</b> 5:00 AM Boot Camp (CP) 5:30 PM Strong (EO) <b>6:00 PM Aquatic Fitness (CP)</b>	<b>25</b> 5:30 PM Zumba (KJ)	<b>26</b> 5:00 AM Boot Camp (CP) <b>5:30 PM Yoga (HL)***</b> <b>6:00 PM Aquatic Fitness (EO)</b>	<b>27</b> 5:00 PM Zumba (SK) 6:00 PM Yoga (LM)	<b>28</b> 5:00 AM Boot Camp (CP)	<b>29</b> <b>7:00 AM Aquatic Fitness (CP)</b> <b>8:00 AM Stability Ball (ZY)</b>
<b>30</b>	<b>31</b> 5:00 AM Boot Camp (CP) 5:30 PM High Fitness (CL) <b>6:00 PM Aquatic Fitness (CP)</b>	<b>FITNESS DRESS CODE</b> 1. Modest T-shirts that cover the back or midriff. Tank tops are not allowed in the Fitness Center. 2. Modest shorts above the knee, sweats, and appropriate gym clothing. 3. Modest tank tops that cover underclothing or sports bras are not exposed.				